



SALT RESTAURANT  
FISH & MEAT



## SOPA - SOUPS .....

### FISH SOUP /SOPA PESCADO 9.95 €

White Fish, Prawns, Prawns, Clams, Mussels

*Pescado Blanco, Longostinos, Gamba, Almejas, Mejillones*

### TOMATO SOUP / SOPA TOMATE 6.95 €

Ripe Tomatoes, Onion, Garlic, Olive Oil, Carrot, Red Pepper

*TomateS Maduros, Cebolla , Ajo, Aceite De Oliva, Zanahoria, Pimiento Rojo*

## ENTRANTES - STARTERS .....

### SALCHICHA NORMAL /SALCHICHA BBQ 9.50 €

### PIL PIL GARLIC PRAWN / GAMBA PIL PIL AJILLO 11.95 €

Garlic, Prawns, Olive Oil, Sauce, Chili Peppers

*Ajo, Gambas, Aceite de Oliva , Salsa, Guindillas*

### PIL PIL PRAWN / GAMBA PIL PIL 11.95 €

Garlic, White Wine, Sweet Paprika, Olive Oil, Chopped Parsley,Chilli, Prawns

*Ajo, Vino Blanco, Pimenton Dulce, Aceite de Oliva, Perejil Picado,*

*Guindilla, Gambas*

### FRIED CHICKEN WINGS – (8 PIECES) / ALITAS DE POLLO FRITAS – (8 PIEZAS) 11.95 €

Wheat flour, salt, freshly ground pepper, garlic powder,Hot Paprika

*Harina De Trigo, Sal, Pimienta Recien Molida, Ajo En Polvo,*

*Pimenton Picante*

### ONION RINGS / AROS DE CEBOLLA 3.95 €

### BREAD WITH CHEESE / PAN CON QUESO 3.80 €

### CHEESE CROQUETTE, HAM / CROQUETA DE QUESO, JAMON – (7 PIEZAS) 6.95 €

Ham, Butter, Wheat flour, Milk, Salt, Ground Black Pepper, Egg, breadcrumbs

*Jamon, Mantequilla, Harina de trigo, Leche, Sal, Pimienta Negra Molida,*

*Huevo, pan rallado*

### FRESH FISH CROQUETTE-COD / CROQUETA DE PESCADO-BACALO FRESCO 7.90 €

Butter, Milk, Wheat flour, Beaten egg, Ground nutmeg,

Extra Virgin Olive Oil, Black Pepper, Ground Salt

*Mantequilla, Leche, Harinada de trigo, Huevo Batido, Nuez Moscada Molida,*

*Aceita De Oliva Virgen Extra, Pimienta Negra, Molida Sal*

### CHICKEN WITH POPCORN / POLLO CON PALOMITAS 8.90 €

Popcorn Onions, Garlic, Milk Beaten Egg, Water Salt,Black pepper

*Palomitas de maiz Cebollas, Ajo, Leche Huevo Batido, Agua Sal, Pimienta Negra*

### VARIETY FRIED FISH / FRITURA DE PESCADO 17.00 €

Fish marinated, Pink Fish, Prawn, Calamari /

*Cazon en Adobo, Rosada, Gamba, Calamares*



## PESCADITO FRITO - FRIED FISH

FISH MARINATED / CAZON EN ADOBO

10.95 €

FRIED CALAMARI / CALAMARES FRITOS

11.90 €

FRIED ROSE WITH FRIED POTATO /  
ROSADA FRITA CON PATATA FRITA

14.95 €

## PESCADO FRESCO - FRESH FISH

SEA BREAM FOR ONE PERSON / DORADA PARA UNA PERSONA - 400 GRAMO 19.95 €

BASS FOR ONE PERSON / LUBINA PARA UNA PERSONA - 400 GRAMO 19.50 €

SOLE FOR ONE PERSON / LENGUADO PARA UNA PERSONA - 400 GRAMO 19.90 €

GRILLED SWORDFISH / PEZE ESPADA A LA PLANCHA 18.95 €

GRILLED HAKE (FILLET) / MERLUZA A LA PLANCHA (FILETE) 17.90 €

GRILLED PRAWNS OR PRAWNS /  
LANGOSTINOS O GAMBONES A LA PLANCHA - (7 PIEZAS) 19.95 €

SALMON WITH CREAMY SAUCE / SALMON CON SALSA CREMOSO 21.95 €  
*Cooking cream, Cherry Tomato, Spinach, Garlic / Nata cocinar, Tomate Cherry, Espinacas, Ajo*

SALMON WITH HONEY MUSTARD GARLIC SAUCE /  
SALMON CON SALSA HONEY MOSTAZA GARLIC 21.90 €

CLAMS WITH SAUCE / ALMEJAS CON SALSA 17.90 €  
*White Wine, Parsley / Vino Blanco, Perejil*

**VARIETY FRIED FISH / FRITURA DE PESCADO 17.00 €**

Fish marinated, Pink Fish, Prawn, Calamari /  
*Cazon en Adobo, Rosada, Gamba, Calamares*

**\*GARISONS: BOLIDED POTATO AND BOILED VEGETABLES AND BEANES /**

**\*GUARNICIONES: PATATA COCIDA Y VERDURAS Y JUDÍAS COCIDAS**



## PESCADO AL HORNO - BAKED FISH

SEA BREAM / DORADA  
TURBOT / RODABALLO  
SEA BASS / LUBINA

Price according to weight/  
Precio según peso

## PESCADO A LA PLANCHA - GRILLED FISH

SEA BREAM / DORADA  
TURBOT / RODABALLO  
SEA BASS / LUBINA

Price according to weight/  
Precio según peso

## PESCADO A LA SAL - SALT FISH

SEA BREAM / DORADA  
SEA BASS / LUBINA

Price according to weight/  
Precio según peso

## PESCADO A LA NORTEÑA - NORTEÑA FISH

SEA BREAM / DORADA  
TURBOT / RODABALLO  
SEA BASS / LUBINA

Price according to weight/  
Precio según peso

## GRILLED LOBSTER -

## BOGAVANTE A LA PLANCHA

Price according to weight/  
Precio según peso





## ENSALADAS - SALADS .....

**MIXED SALAD / ENSALADA MIXTA 7.90 €**

Lettuce, Onion, Tomato, Cucumber, Corn, Carrot /  
*Lechuga, Cebolla, Tomate, Pepino, Maiz, Zanahoria*

**CHEF SALAD / ENSALADA DEL CHEF 9.50 €**

Lettuce, Onion, Tomato, Cucumber, Corn, Tuna, Boiled Egg, Prawns, Avocados./  
*Lechuga, Cebolla, Tomate, Pepino, Maiz, Atun, Huevo Cocido, Gambas, Aguacates.*

**TOMATO ONION TUNA SALAD / ENSALADA TOMATE CEBOLLA ATUN 8.90 €**

Tomato, Tuna, Onion / *Tomate, Atun, Cebolla*

**AVOCADO WITH PRAWNS / AGUACATES CON LANGOSTINOS 10.50 €**

Lettuce, Tomato, Sauce, Rose, Parsley, Prawns/  
*Lechuga, Tomate, Salsa, Rosa, Perejil, Gambas*

**CHICKEN SALAD / ENSALADA POLLO 9.50 €**

Lettuce, Tomato, Cucumber, Onion, Avocado, Corn/  
*Lechuga, Tomate, Pepino, Cebolla, Aguacates, Maiz*



## PASTA .....

**SPAGHETTI WITH MINCED MEAT / ESPAGUETIS CON CARNE PICADA 11.95 €**

Tomato, Onion, Garlic, Laurel, Dried Oregano, Ground Black Pepper, Salt, Olive Oil/  
*Tomate, Cebolla, Ajo, Laurel, Oregano Seco, Pimenta Negra Molida, Sal, Aceite De Oliva*

**SPAGHETTI CARBONARA / ESPAGUETIS CARBONARA 12.95 €**

Bacon, Cooking Cream, Egg Yolks, Garlic Butter, Cheese, Black pepper /  
*Bacon, Nata Cocinar, Yemas De Huevo, Mantequilla Ajo, Queso, Pimienta Negra*

**SPAGHETTI A LA CHEF / ESPAGUETIS A LA CHEF 11.90 €**

Tomato sauce with ham, mushrooms, cream, cooking, garlic /  
*Salsa Tomate Con Jamon, champiñones, Nata, Cocinar, Ajo*

**SPAGHETTI WITH PESTO / ESPAGHETTI AL PESTO 11.50 €**

Fresh Basil Leaves, Grated Parmesan Cheese, Garlic, pine nuts, olive oil, salt /  
*Hojas De Albahaca Fresca, Queso Parmesano Rallado, Ajo, piñones, aceite De Oliva, Sal*

**GARLIC SPAGHETTI / ESPAGHETTI AJILLO 12.95 €**

Prawns, vegetables, spicy, Garlic / *Gambas, verduras, picantes, Ajo*

**MARINERA SPAGHETTI / ESPAGHETTI A LA MARINERA 15.95 €**

Onion, Garlic, Mussels, Clams in White Wine, Peeled Prawns, Squid and Tomato Sauce / *Cebolla, Ajo, Mejillones, Almejas al Vino Blanco, Langostinos Pelados, Calamares y Salsa de Tomate*



## MACARRONE

### MACARONI WITH MEAT / MACARRONES CON CARNE 11.90 €

Tomato sauce, onion, carrot, white wine, oregano, Ground Black Pepper, Cheese /  
*Salsa Tomate, cebolla, Zanahoria, Vino Blanco, Oregano, Pimienta Negra Molida, Queso*



### MACARONI WITH BROCCOLI BACON / MACARRONES CON BROCOLI BACON 12.95 €

Bacon, Broccoli, onion, cooking cream, Garlic, Cheese /  
*Bacon, Brocoli, cebolla, nata cocinar, Ajo, Queso*



### A LA CARBONARA MACARONI / MACARRONES A LA CARBONARA 12.95 €

Onion, Bacon, Cream, Egg Yolk / *Cebolla, Bacon, Nata, Yema de Huevo*

### MACARONI WITH CHORIZO / MACARRONES CON CHORIZO 12.50 €

Chorizo, Garlic, Onion with Jalapeño, Spicy /  
*Chorizo, Ajo, Cebolla Con Jalapeño, Picante*

### MACARONI WITH TOMATO SAUCE / MACARRONES CON SALSA TOMATO 10.00 €

## TORTELLINI DE CARNE - MEAT TORTELLINI

### TORTELLINI ALLA PANA 11.95 €

Ham, Cooked, Cooking cream, Ground Black Pepper /  
*Jamon, Cocida, Nata cocinar, Pimienta Negra Molida*



### TORTELLINI AI QUATTRO FORMAGGI 12.95 €

Four Cheeses / *Quatro Quesos*

### TORTELLINI ALFREDO 12.95 €

Garlic, Cooking Cream, Spinach, Black Pepper, Prawns /  
*Ajo, Nata Cocinar, Espinacas, Pimienta Negra, Gambas*

### TORTELLINI AL PESTO 12.90 €

Fresh Basil Leaves, Grated Parmesan Cheese, Garlic, Pine Nuts, Olive Oil and Sauce/  
*Hojas de Albahaca fresca, Queso Parmesano rallado, Ajo, Piñones, Aceite de Oliva y Salsa*

## TAGLIATELLE

### TAGLIATELLE SALMON 15.50 €

Salmon, Garlic, Onion, Cooked Cream, Cheese, Black Pepper /  
*Salmon, Ajo, Cebolla, Nata cocinada, Queso, Pimienta Negra*



### TAGLIATELLE GAMBAS 12.90 €

Shrimp, Salt, Onion, Garlic, Spinach, Cooked Cream /  
*Gambas, Sal, Cebolla, Ajo, Espinacas, Nata cocinada*

### TAGLIATELLE AL PESTO 12.95 €

Pesto Cream, Garlic, Cooked Cream, Basil, Shrimp /  
*Crema Pesto, Ajo, Nata cocinada, Albahaca, Gambas*



## RAVIOLI

### RAVIOLIS CASEROS DE RICOTA ESPINACAS 12.95 €

Cooking cream, Garlic, Spinach, Cheese /  
*Nata cocinar, Ajo, Espinacas, Queso*

### RAVIOLIS DE CALABAZA 12.50 €

Onion, Garlic, Cooking Cream, Tomato Sauce, Cheese  
*Cebolla, Ajo, Nata cocinar, Salsa de Tomate, Queso*





## LASAÑA - LASAGNA .....

**LASAGNA MINCED BEEF / LASAÑA CARNE PICADA DE TERNERA 13.50 €**

Cheese, Bechamel, Tomato Sauce, Beef /  
*Queso, Bechamel, Salsa Tomate, Carne De Ternera*

**BROCCOLI GRATINADO FOR BOTH / BROCCOLI GRATINADO 12.50 €**

Cream, Garlic, Cheese, Butter, Salt, Pepper /  
*Crema De Nata, Ajo, Queso, Mantequilla, Sal Pimenta*



## CANELONES - CANNELONI .....

**CANNELONI MINCED BEEF / CANELONES CARNE PICADA DE TERNERA 13.50 €**

Cheese, Bechamel, Tomato Sauce, Beef /  
*Queso, Bechamel, Salsa Tomate, Carne De Ternera*



## PATATA FRITA ESPECIALS (SPECIAL CHIPS) .....

**FRIED POTATO PORTION / PATATA FRITA RACION 2.95 €**

**FRIED POTATOES WITH BACON AND CHEESE /  
PATATAS FRITAS CON TOCINO Y QUESO 5.90 €**  
(BACON CHEESE FRIES)

**SPICY BUFFALO FRIES / PATATAS FRITAS PICANTES DE BUFALO 6.95 €**  
(SPICY BUFFALO FRIES)

**POTATOES CHEESE SAUCE MEAT /  
PATATAS FRITAS QUESO SALSA CARNE 6.90 €**  
(TACO FRIES)

**GARLIC CHIPS WITH CHEESE / CHIPS DE AJO CON QUESO 6.90 €**  
(CHEESY GARLIC CHIPS)



## CARNE - MEAT

GRILLED CHICKEN BREAST / PECHUGA DE POLLO A LA PLANCHA	12.95 €
GRILLED PORK CHOP / CHULETA DE CERDO A LA PLANCHA	13.95 €
PORK SIRLOIN /SOLOMILLO DE CERDO	13.95 €
BEEF SIRLOIN—300 GR	25.95 €
HALF/FULL BBQ RIBS PORK / MEDIA / ENTERA COSTILLAS DE CERDO A LA BBQ	12.95€/16.50 €
ROASTED PORK KNUCKLE / CODILLO DE CERDO ASADO	13.90 €
LAMP CHOPS / CHULETAS DE CORDERO	25.00 €

## CARNE A LA PIEDRA - STONE MEAT

BEEF SIRLOIN 300 GR	25.95 €
FILLET BEEF STEAK / SOLOMILLO DE TERNERA	26.95 €
LOMO ALTO RIBEYE	25.95 €

## SALSAS - SAUCES

PEPPER SAUCE / SALSA PIMENTA	2.00 €
MUSHROOMS SAUCE / SALSA CHAMPIÑONES	2.00 €



## HAMBURGUESAS - BURGERS .....



**COMPLETE BEEF BURGER /** 9.95 €  
**HAMBURGUESA CARNE TERNERA COMPLETA CON PATATA FRITAS**  
Lettuce, Tomato, Onion, Bacon, Cheese, With Pink Sauce /  
*Lechuga, Tomate, Cebolla, Bacon, Queso, Con Salsa Rosa*

**BREADED CHICKEN BURGER WITH POTATO FRIES /** 9.90 €  
**HAMBURGUESA FILETE POLLO EMPANADO**  
**CON PATATA FRITAS**  
Lettuce, Tomato, Sauce, Mayonnaise / *Lechuga, Tomate, Salsa, Mayonesa*

## PAELLA PARA 2 PERSONAS - RICE .....



**MEAT PAELLA / PAELLA CARNE** 26.95 €  
Green and Red Pepper, Onion, Pork, Chicken, Tomato, Ripe,  
White Wine, Garlic, Saffron, Meat Broth/  
*Pimiento Verde y Rojo, Cebolla, Carne De Cerdo, Pollo Tomate, Maduro,*  
*Vino Blanco, Ajo, Azafran, Caldo De Carne*



**FISH PAELLA / PAELLA PESCADO** 27.95 €  
Green and Red Pepper, Garlic, Clams, Mussels, Prawn Ripe Tomatoes  
White Wine, Fish Broth /  
*Pimiento Verde y Rojo, Ajo, Almejas, mejillones, Gamba Tomate Maduro*  
*Vino Blanco, Caldo De Pescado*

**RICE WITH CHICKEN WINGS / ARROZ CON ALITAS DE POLLO** 23.90 €  
Green and red pepper, onion, ripe tomato, white wine,  
Chicken Wings, Salt, Chicken Broth /  
*Pimiento Verde y rojo, Cebolla, Tomate Maduro, Vino Blanco,*  
*Alitas De Pollo, Sal, Caldo De Pollo*

**CHICKEN FRANGO MIX RICE / POLLO FRANGO MIXTO ARROZ** 14.90 €  
Onion, Garlic, Green Beans, Red Pepper, Chicken, Corn,  
Cooked Ham, Mushrooms/  
*Cebolla, Ajo, Judias Verdes, Pimiento Rojo, Pollo, Maiz, Jamón Cocido,*  
*Champiñones*

## MENU INFANTIL - KID'S MENU

**SIMPLE CHICKEN BURGER / HAMBURGUESA DE POLLO SIMPLE** 6.95 €

**CHICKEN NUGGETS / NUGGETS DE POLLO** 6.95 €

**FISH STICKS / PALITOS DE PESCADO** 6.95 €



### STEAKS ON STONE

"This is what we are all about, cooking your steak on a volcanic stone heated to 750 degrees .  
YOU COOK IT THE WAY YOU WANT  
and the last bite is just as hot as the first bite .  
A Unique Experience "  
All of our meat is as lean as can possibly be.

However, If you so desire , we could cook your steak



### CARNE A LA PIEDRA

"De esto se trata – Cocinar la carnes sobre piedra volcánica precalentada a 750°C.  
LO COCINA Ud. MISMO AL PUNTO QUE LE PLAZCA  
y el último bocado resulta tan rico y tan caliente como el primero"  
Es una experiencia única ya que todas nuestras carnes son magras a más no poder.  
"No obstante, si prefiere que se lo hagamos nosotros indíquesele al camarero "



### STEAKS ON STONE

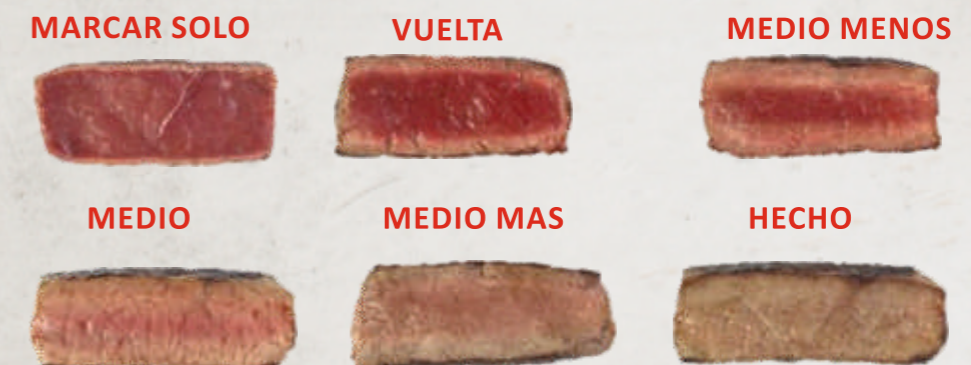
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ELEGIRNOS  
SIEMPRE SERAN  
BIENVENIDOS

THANK YOU SO MUCH FOR  
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